

Brandon Valley Baseball Association

2012 Winter Workout

• 6 weeks •

January 17, 2012 to February 25, 2012



Tuesday and Thursday afternoon/evening - Saturday mornings

Location: Legends Indoor Hitting and Training Facility
in Sioux Falls, SD (Rice and Cleveland South 2 blocks)

The purpose of these informal workouts is to provide fundamental instruction in the areas of hitting, fielding, pitching and catching. This is so each participant can work on his strengths and weaknesses. Each participant will receive tips that they can take and apply throughout the upcoming Baseball season.

REGISTRATION

Cost: \$125.00

PLAYER NAME: _____

PARENT / GUARDIAN NAME: _____

ADDRESS: _____

CITY / STATE / ZIP: _____

PHONE: _____

EMAIL: _____

Middle School and High School Grades only – Limited to first 48 players

6th 7th 8th 9th 10th 11th 12th

Players will be split into groups closest to their grade

Any Questions please give me a call Grant – (702) 239-8971

Please register online or mail this completed form and \$125.00 by January 6th to:

BVBA
Winter Workout
PO Box 605
Brandon, SD 57005